

NOVEMBER 2019

ACHS BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1 % White or Flavored Milk served at Breakfast.

Menus are subject to change.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Ham Egg Cheese
Combo Bar, WG
Cereal
Fruit Cup
Fruit Juice

1

Breakfast Bites, WG
Cereal
Fruit Cup
Fruit Juice

4

Cereal Bar
Cereal
Fruit Cup
Fruit Juice

5

Breakfast Bosco
Cereal
Fruit Cup
Fruit Juice

6

Sausage Breakfast Pizza, WG
Cereal
Fruit Cup
Fruit Juice

7

Cinnamon Rolls, WG
Cereal
Fruit Cup
Fruit Juice

8



11

Sausage Gravy
Breakfast Pizza, WG
Cereal
Fruit Cup
Fruit Juice

12

Muffin
Yogurt
Fruit Cup
Fruit Juice

13

Sausage Egg Cheese
Hot Pocket, WG
Cereal
Fruit Cup
Fruit Juice

14

Dutch Waffle, WG
Syrup—WG
Cereal
Fruit Cup
Fruit Juice

15

Mini Waffles - Maple
Cereal
Fruit Cup
Fruit Juice

18

Granola Bar, WG
Cereal
Fruit Cup
Fruit Juice

19

Jumbo Waffles
Syrup - SF
Cereal
Fruit Cup
Fruit Juice

20

Mini Pancakes –
Maple, WG
Cereal
Fruit Cup
Fruit Juice

21

Sausage Egg
Boat, WG
Cereal
Fruit Cup
Fruit Juice

22

Mini Pancakes –
Strawberry, WG
Cereal
Fruit Cup
Fruit Juice

25

Sausage Biscuit
Sandwich
Cereal
Fruit Cup
Fruit Juice

26

Glazed Donut
Holes, WG
Cereal
Fruit Cup
Fruit Juice

27



28



29